

Am Stella Oeward , I am currently at the end of my third year bachelor school of nursing at Bugando university in Tanzania. During my third year that I have been schooling I was much pleased with the sixth semester as it contains a community field practice for five weeks.

I did my community field practice at Bukumbi village in Idetymia ward in Mwanza Region. I enjoyed and learned a lot. In this community field we learnt different culture (ways of living, eating, and ethnicity, if they seek for health care, what we can do for them as health personnel). It was an experienced moment despite it was very sunny but sincerely I enjoyed it.

We went as a class in five groups each group contains ten members. I would like to say that I had a very supportive team. Each member of the group had an individual family in which we had to do something remarkable that will be beneficial into their health.

So during my community field practice, I surveyed the family that I was assigned to and I noticed that they had no a well- built firewood stove .The firewood stove they had produced a lot of smoke this may lead to lung diseases, uses a lot of firewood in which leads to deforestation, children can burn easily. Therefore I built firewood stove in which it contains a lot of benefit (cheap as it uses less firewood, save time as it cooks very fast, prevent release of smoke and prevent easy burn). In cooperation with the family we ensured a clean and an organized compound to prevent occurrence of epidemic diseases. The family showed love and cooperation to me. They showed happy faces for my incoming.



Pictures showing on how built the stove

picture showing before and after construction



The family was excited on the use of the Firewood stove

photo showing on how cleaned the environment in cooperation with the family

Throughout the community field practice as a group we built a bathroom, rubbish pits, cleaning wells, clearing bushes that were a breeding place for mosquito and also as nurses we supported the community member in gardening



construction of grass bathroom



rubbish pits



cleaning well



clearing of bush



gardening

We also educated primary school about malnutrition and COVID-19 (the current situation, transmission and prevention); we also gave education to secondary school about self-awareness, male circumcisions and menstruation cycle.



playing with kids



education about
COVID_19 to
primary school



self Awareness to
secondary school

We learnt a lot from the community field despite of some hardship such as poor network, sunny and absence of food, we enjoyed a lot as Bugando University prepared a nice place for sleeping in which it was a very quiet and cool place to enjoy for the five weeks



these are my

classmates and my teammate that I appreciate for their support that they donate to each and everyone